

Swim Test Parental Form

Child's Full Name _____ Child's Age _____

Parent's Full Name _____

Family's Address _____

Parent's Cell Phone Numbers (mother) _____

(Father) _____

Emergency Contact Name and Number _____

The Swim Test is for any Meadowgrove Members child over 10 years old. This allows your child to come to the pool **ONLY DURING LIFEGUARD HOURS** without you (an adult) accompanying them.

The Swim Test is administered by a Lifeguard:

- 4 laps of the pool (100 meters) within 4 minutes
- Tread water for 2 minutes
- Know the Pool Rules

FULL DISCLOSURE:

This is **NOT A BABYSITTING SERVICE**. This is a privilege your child needs to earn. If your child for any reason disrespects the lifeguards or the lifeguards' commands or pool rules your child will no longer be allowed to come to the pool unaccompanied by an adult over 18 years old.

Parent's Signature _____

Lifeguard's Signature confirming the child has passed the _____

Lifeguard's Print Name and dated _____